

PARENTS, GRANDPARENTS AND GUARDIANS

JOIN US ON ZOOM FOR AN HOUR OF AMAZING SUPPORT AND INFORMATION

START DATE: AUGUST 4TH
CHOOSE FROM 2 SESSIONS
TUES 1:00-2:00PM OR
WED 7:00-8:00PM
WE WILL MEET EVERY OTHER WEEK

Topics to include: at-home activities for kids, parenting strategies, managing stress, love and logic, parenting wisely, mindfulness and active parenting

Register

